

Reading:- Luke Chapter 7

### HANDS

God has given us hands in order that we may use them to do things for ourselves and for others. The Bible tells us of the creative power of God, by reference to hands e.g. "His hands formed the dry land". There are many instances where Jesus used his hands to help and to heal, and thereby demonstrate his love and tender care.

Examine carefully your hands, fingers and palms, and compare each other's. You will quickly note the slight differences. God has made your hands to help to serve Him.

We can do lots of things with our hands, we can be creative and made things such as a doll's house, a model aeroplane, a piece of knitting or sewing. We can show appreciation by using our hands, we clap our hands as an expression of joy, the Bible tells us that God's servants clapped their hands and shouted in triumph (Psalm 47:1). Different skills call for different uses of the hands, e.g. the tough, hardened fingers of a gardener, the gentle hands of a nurse, the skilful hands of a pianist, and sensitive fingers of a blind person.

Finally our hands must be used in service to others, to be kind and helpful. In Jesus' early life he was trained in the skill of a carpenter and he would have capable hands. Later he used them to help others, e.g. when he washed the feet of the disciples. God gave him special power to heal and sometimes he had only to touch the sick person. Jesus also used his hands to comfort and bless.

### FEET

In the Bible times walking was often the only way by which poor people could move from one town to another. Jesus had to walk many miles in the course of his ministry. His journeys were often long and the roads were dusty and the surfaces stony and difficult to walk on. Some people wore sandals but often the poor walked barefoot. When the people had walked a long way it was a custom of offering guests water and the help of a servant to wash their feet.

Jesus was able to help in a special way; he could heal people. He made a lame man walk again. Jesus also walked on water, because he had faith in God. The Bible tells us to WALK IN LOVE.

How do you think we can please God by using our feet and legs?

## EYES

The power of sight is one of God's most precious gifts; without it we cannot enjoy the beauties of His creation. What are some of the things you can see that God has made for us? We wouldn't be able to see colour if we didn't have light, this is one of God's power.

Some of God's creatures have eyes more wonderful than our own: they can see in the dark, e.g. a cat; others can see objects at great distances, e.g. the eagle.

God is able to see everything, this makes us feel safe, because He knows what is happening to us and can take care of us.

Jesus had the power to restore sight to the blind, and when he returns he will once again use this healing power.

You must use your eyes to help others, e.g. blind people who cannot see, your parents and family and friends. You must always be very observant in everything you do.

## MOUTH

We all love to talk to our friends, our parents and teacher. What helps us to talk? The tongue. In order to say "Thank You" we need to place the tongue between the teeth, we need our tongue to talk.

Jesus used his power to enable the dumb to speak. Children who cannot speak, they go to special schools who teach them to use sign language or to lip-read. Let us try to talk by using sign language. It is a very valued gift, speech.

We can also use our voices by singing praises to God, like we do at Sunday School.

God has also given us a sense of taste. What things do you like to taste? When we are sick or have a bad cold we lose the ability to taste and so we cannot enjoy our food. We should be very thankful for this gift.

Much of Jesus's life was spent in talking, telling parables about the Kingdom of God. On one occasion he spoke so long that his audience became tired and very hungry and he performed a miracle to provide food. The feeding of the five thousand.

The gift of speech is so valuable that it is wrong to use it thoughtlessly. Our words should be kind and thoughtful.